

Help Me I Am In Hell

Laura Henriksen

A woman's love is hard to bear, soft ground, cold bus, first light. Petals fell around me everywhere I went and through the ambiguity of this enchantment I never knew if I was cursed or saved. Beholding and longing at once, waiting for my cult leader to carry me away, to contemplate suffering with one leg pendant and a flirty smile. With nothing left to confess I started making up my crimes. I swam in the forbidden reservoir, stole the afterbirth, drank it up, burned down the food court, gave away what I had no claim to. I mean anyone could.

Finally I was part of the miracle exiting the cellar mid-tornado, unafraid. Wrapped everything I own in cellophane and wax until it was a death mask of itself and my life. Now I can say I am prepared. All roads are hard roads unless you find yourself the treat swallowed by the more or less patient night sky, the more or less plaintive phone voice. When you love someone you're supposed to love them forever. When you're gone it's soft anarchy, summer rain, cow heart. A girl in a T-shirt that says "I'm young every time I look" is waiting at an airport, but for what.

Winged death, that asshole with hourglass and attitude. What dangles from the lion's mouth? Everything tender and sighing, all cardinal signs and burnt clover. Less and less will I wander the valley, less and less the valley gold leaf and cherry.

The Only Good

Palmira Rastelli died on December 28, 1870, which is almost the only thing I know about her. This was soon after Rome had been captured by Italy, completing the long and violent process of Italian unification. Plans for the Brooklyn Bridge had recently been completed, a tunnel was opened up for trains under the River Thames, The Third Republic began in France after Napoleon III was deposed, the Cardiff Giant was revealed to be a hoax inspired by a fight at a Methodist revival meeting, and a British ship called *The City of Boston* disappeared forever with all its passengers and crew, never to be heard from again. Three months after her death, Palmira burned three long and slender fingerprints onto Maria Zaganti's prayer book, as if she had delicately reached across a table to slide the book back to herself.

Purgatory doesn't appear anywhere in the Bible, but it's still an old story, connected to a desire or impulse in the living to care for the dead, perhaps hoping that similar help will be available to them when their ability to care for themselves is more uncertain. One origin story is from the 11th Century. A monk told the Abbot Odilo of Cluny about being shipwrecked on a mysterious island, inhabited only by a strange hermit. The hermit told the monk a story about a chasm from which erupted the screams of tormented souls, and the licking flames of demons, neon orange in the bright sun, a darker umber at night. The hermit explained the demons were frustrated, because souls kept escaping from their torture through the intervention of the living, whose prayers for the unsaved dead and good deeds performed on their behalf freed them from their torment.

Never having much thought about it, I had assumed Purgatory to be a place like Heaven or Hell; its defining feature being permanence beyond what mortals can easily imagine. Against this mistaken understanding, Purgatory is fundamentally temporary, a place souls wait and hope to be redeemed, unbaptised babies and others for whom hell would seem too harsh, but heaven undeserved according to the many rules of heaven. On All Souls Day, prayers of the faithful can intercede on behalf of these trapped souls. I remember a similar practice in the town where I grew up, and the regular controversy where every few years a probably well-intentioned teenager would attempt the posthumous salvation of Anne Frank.

Despite looking it up in advance, when I first tried to visit Piccolo Museo Del Purgatorio in the Chiesa del Sacro Cuore del Suffragio it was closed. It had taken a little while to find the unusually Gothic church just above the Tiber with its many thin spires. I spent the next few hours walking around what was meant to be Hadrian's final resting place, but later became the Pope's house, and then a prison, and now a museum where

I drank a glass of wine and watched seagulls. I'm not sure where Hadrian's remains rest instead. Returning, I was relieved to find the church doors open, and upon entering walked to the back right corner where I knew the museum would be.

Construction on the Chiesa del Sacro Cuore del Suffragio began in 1893 under the direction of the French priest Father Victor Jouet. In 1897 a fire broke out in the chapel. Once contained, the parishioners observed a face burned into the altar, and understood it to be a soul in purgatory reaching out to them. I'm not sure what happened to this altar, or if Father Jouet ever determined the name of the soul and therefore was able to say a Holy Mass for them.

The event did, however, inspire him to begin collecting artifacts of souls in purgatory, which are now displayed on a small corkboard behind glass in the back of the church. The objects are mostly hands and fingers burned onto prayer books and articles of clothing, attempts to communicate with the living, to ask them to pray harder and more. It reminds me, once again, of *Hellbound: Hellraiser II*, when Kirsty finds messages written in blood she understands to be from her deceased father reading, "Help me, I am in Hell," but in fact are a demonic trick that will eventually lead her to a labyrinth in hell. The idea that the ones we love are suffering and that we might be able to help them is a very powerful manipulative tool.

I wonder what the relationship between Palmira and Maria was like. I know that Palmira was the sister of the parish priest of Saint Andrew of Poggio Berni, Don Sante Rastelli. Why wouldn't she reach out to him directly? I read that they were friends, but what kind? Childhood friends, rival friends, secret lovers? Did they often pray together? Did they stay up late, forming a pact that whoever died first would send back a message, and whoever survived would intervene for the other's salvation? Did it work?

Two German tourists observe the objects and photographs with me. Despite my research in advance, looking at pictures on the internet and in guidebooks, I am in no way prepared for how unsettling the experience would be, so much so that I spend the rest of the night slightly disturbed in my thoughts, looking for images in wood grain and puddles. What if you reached out from the grave, asking for help, and no one heard you, or believed what they saw?

I learn that according to Catholic doctrine, you can't go to Hell from Purgatory, only Heaven, so that's good news. An interstitial space, like being at the threshold to where you want most to be for an indefinite but not limitless amount of time, that doesn't sound so bad. It sounds kind of wonderful to me, all promise and

anticipation, like waiting for a kiss you know will come, without the sadness of knowing that once it arrives it will soon enough be over, knowing that while the waiting won't last forever the kissing will, and all you have to do is hang out with demons and burn messages on your friend's bibles until then. Maybe Palmira wasn't even asking for help, maybe she was just flirting, or saying hello.

Receiving a bill for a broken plate, I proceed to smash each piece methodically. Just part of that river, Death, Sleep, and Poetry.

Were you addressing (a) the people,
(b) the dead, or (c) The Witch of Atlas?

With your eyes so yellow and your exhales so long, the effort wasn't the horrible part, it was not knowing why you did it. Comparing her to a volcano or lord of demons or the way a cats eyes widen in response to what for me is imperceptible. Are you certain of nothing but the holiness of the heart's affection?

I suppose so, no.

Fruits Of My Labor

I tried to enjoy them though wicked and bruised. I got carried away on a dream or crest thinning out with no guardrail silvering in the sun. It was easier than dying having never seen Ohio. If you came home late, if you brought nothing back, if I were your mirror, I mean if only. I want to apologize for my inappropriate behavior the other night but I won't because it's hard enough to enjoy anything in this life. "Girls in love they don't exist." Goodnight, New Jersey, locus of all longing. I did want to do the right thing but not that badly. I knew it was true because it was in a love song, or all love songs, or all songs. You remember the part in The Lost Boys where the older brother lets go of the bridge and falls into the ocean fog? It was like that but slowed down and endless. Only then did I realize why

regret anything when you could just not?

Stephanie Drive

It was between the psychic and the car wash I lost my favorite scrunchie but told everyone I gave it away. And then all the girls go crazy from both the fire and the moon's restricted illumination of the events that would later transpire upon this balcony.

It's just this thing I'm going through. If I knew it once I've forgotten it now. No amount of money or power could entice me away, but then neither has ever been offered.

Everything she wants I'll get for her. The fish will speak and they'll be so boring. The psychic asks me if I'm happy but I think she said hungry and either way I say no. I ask her to take me back to the beginning but she says that's nowhere near enough, pushing strawberries with her nose across the table. To end the call I say I guess I should let you go.

Bottomless Wings

Do it like you've never been hurt before, they said, opening jam packets with their teeth like everything after Delaware never happened. Do it like your soul was just born from one eternity into the next.

If a hawk could smile it still wouldn't. I mean just because you've never seen it doesn't mean it can't be.

So beset by surprises, it was as if this whole country were under some enchantment. All feelings return to the same place like dimes rolling on an uneven cabin floor. I think it must mean something and so fine be that way then.

They left before dawn but stopped early for breakfast and there she was, the world's last widow, petty, heart-pounding.

When I get back I don't know the difference between faith, grace, and what guides good drivers. I was so alone at the video rental. I touched all the covers, made sacred vows, came back the next day, and the day after that.

I heard her out back shouting, "I'm not a child" to the night like the night won't decide how old you are.

Whether you like it or not I don't want anything else and so it keeps coming, rain in April, blood in eye. In the gift shop at the hospital there was this decorative fountain bucket under a hovering spicket which poured down water from no visible source, endlessly, and I thought there it is, secret of my cul-de-sac, heart of my ancient heart. I begged you to buy it but I don't know if you did.

So I started collecting carved angels, attracted at first by the naturalism of their postures and then by the anonymity of their features, like the name for a regional specialty that means nothing anywhere else.

At the bottom of the ravine at the center of the world we didn't find any of the things we lost. The view from your childhood window on Halloween morning remains unchanged, just the trees get bigger, the trees and you.

Having seen it, clear and soundless, they left the restaurant before they were finished, knowing what was coming and what would not.

I watch them walk to their car through the window, like if it makes you happy then why.

Tonight you're mine is such a sad thing to say, because each night is so likely to end, and to leave no trace but useless feeling, and what was mine will be no more. Do you remember the beautiful faux bois of the tables and chairs at Wendy's, tables and chairs which were part of one piece, as knees to thighs, like picnic tables in public parks, something I always assumed was a part of a larger strategy for discipline and control. Or maybe that was somewhere else. Someone sings with the prettiest voice that it's too late to cry now, but I can cry whenever, lifted higher and higher, like the sound of a bell in a graveyard. I just called to say it's still my favorite from the basement where I sit and listen to the synthesizers of the damned. First there's what you say, and then there's how.

Baby Malum

I called it evil but what I meant was what's between bored and brave or what's between all us animals afraid of the gloaming but not the night that follows.

And I know you know I loved it. I stayed late at parties I wanted to leave waiting for it, to carry it's velvet wallet, to kiss it's twisted ankle.

Every time I told the truth I lost another molar, dollar, or friend.

In July we learn anything can be snow. Careless love, that little melon, getting sticky in the sun. I would prefer to die ahead of you across from where all music comes. I said that strikes me as familiar and she said I am Death's Sister. If you find winter in it and sure is, if I should leave here but will not, what does your breath away but not kill you, tall purple shadow pins forgetful bee. Before I go I would prefer to be seared by clarity's brushfire half-asleep on a recliner in the sun. I would prefer in memory to be called Valentine or Marsh.

There's my animal body, my mineral body, my oil spill lost wife body, my appearing aimless in a crowd but never without some secret purpose body. Like fish in pond scum my life swirls around me and I wonder what it's for, all the sin practice and light snacks. I watch the little barrel roll into the little house like everything must belong somewhere, death in LA and diamonds in train station coin lockers. I am a simple man, crouched under the table through the whole lunch mess, with you bright in my heart as the most immaculate convenience store in the world. When I followed the law I did not like it very much. I pushed it like a plate away from me.

I was there to steal the diamond but in the end I saved the city. I wore a mask there, crept in after midnight, my vision obscured and my breath hot against my own face, like the summer wind if the summer wind got really nervous. No one was around, I ascended the ladder soundless, might as well have been flying, an angel. That's when I saw her, her eyes like struck marbles, to this day I never forgot. I had a plan. It was the absolute end. I called shotgun, I called flowers, I called dollars. I called storms, I called hubris, I called babies. I left town, I called Morgan, I called cloud like, I left messages from "the road." I left keys, I'm sorry I left a mess in the kitchen, I left first thing in the morning. When I met her sister it all made sense. I learned visions, I held steady, I knew fear. I heard your violin when I was walking, you know the feeling. It was all worth it. I went right back there. The fire was the last thing we expected.

Save yourself, Elizabeth, or maybe free yourself, it was hard to translate she was laughing so much. Do you ever suddenly recall with dreadful clarity a minor fear from your childhood like the shadow cast by a certain banister, branch, or hall light?

Over the garden wall, sweating, as if so captivated by a single thought all other thoughts and feelings lost meaning. Wait, I'm coming too, I say, though no one could possibly wait long enough.

I hollowed out the whole world and still could see you echoed in mountain form, shimmering below the lake, my evil queen. Nothing mattered. Regard, the valley. Every failed attempt at escape only brought us closer. I came here to play organ in your church and clean your beach house, how was I to know that you had neither? I think I just never recovered from the disappointment that the searchlights only brought me to another used car lot.

On the couch with the Living God, for every Saturday another limousine and you're in the back with your groceries and a mysterious ailment that will definitely go away or won't. The stars when they were young, the woods before we got there. In the movie he said that as a poet everything is his problem before he failed to help his neighbor or her sister. How to consent to be pleased, how to judge superior the promise or drop the cake on the way to the party, painting manners and passions through the careful placement of bowls. Strange things befell as never before, the wedding guest rose from the sea with a message we again failed to translate before it was too late. Save me from my life, slow mercy, she walks among us now whose looks are free. I never knew your hero, just dream girls back from vacation and all vegetables, flowers, and fruits. When it was over they said, "That's our show," like that wasn't the one thing we'd known all along. If you give a friend a garden you can watch the roses grow.

Tell It To Your Heart

"When I come back everything will be different," I said, my hair catching in my lip gloss. We ate popcorn at midnight, drank through paper straws or let the ice hit our teeth like coins in a bone purse. Sometimes the sun came up, sometimes it didn't. Sometimes the air conditioner left us breathless, shivering, other times it was the mere sight of the snow. Even if I knew it was time to get out of the pool, nothing in the world could make me, not with you there, looking so pretty. I could have said anything was possible, but it was beyond possibility and its more evil, sexy twin. "Where are you going?" "How long will you be?"

For me that was the end of the moon. They had these toys they would shoot up into the sky, you know, like a little electric firework, and the kids would go crazy, begging their parents, absolutely without dignity. But maybe just a different dignity, a dignity of unrestrained desire, a certainty of imminent and eternal satisfaction, removed from any need for justification or proof.

I watched her watch herself in the mirror, putting on her earrings. I wanted to cry. I cried all the time. You didn't finish your soda before you left, and so I brought the can to my lips to take a little sip, pretending to be you.

I was smoking a cigarette in front of a church like a teenager, in the lightest rain you can imagine, you almost couldn't feel it so much as vaguely perceive it, looking at this illuminated virgin flanked by decorative ferns, preparing to survive more of my own embarrassing nighttime bullshit.

I found it on the beach and I sold it for a song. It came right back to me. If it makes you feel alive I said, then please don't stop yourself. If they want what you've got make them chase you down for it. I'll be your clever saboteur, infiltrating the homes of the rich, watching their children sleep, licking the edges of their fine china, stealing their credit cards and renting every party tent in the tri-state area for reasons I refuse to provide.

You know how artificial cherries are more like cherries than cherries themselves? Either the scent or the flavor, so sweet and chemical, it gets you drunker than any wine. I said it was too much but then nothing else is enough.

You wouldn't think it'd be so romantic, but in *On Certainty*, Wittgenstein writes about how he can't know if this is his hand in front of him, or if the earth existed for a long time, or if that's a tree over there, or whether

or not he is in pain, or if he is in pain where the pain is. He can only know where you touched his arm. Where does knowledge come from then? It comes from feeling, I would argue, or that's where it begins, as Audre Lorde explains. It comes from within, but it isn't solipsistic, it is shared. I sit on the fire escape of my sister's apartment and free-bleed through my Levi's, wondering if truth really starts in the chaos of my feelings, and if it does then to where does it guide me, both as headlights and the road and the ditches on either side too. How do you say something true? I say sometimes it's okay to be wrong. Sometimes you can rely on it for now but not forever. Must truth be permanent? Well can anything be?

You can read all about it in my diary.

There in the woods I felt terrified. I tried to call you, but you didn't answer. I could see from every angle, I think I was echo-locating, and my feet lifted off the ground. The static in my hair made me feel like the beautiful star of an 80's movie. I said please don't forget me, but I already knew I would never let you.

Having come all this way, my hair disturbed by the wind that blows in tenderest warning, I arrived at your face and didn't know where to begin. I hope I have proven myself to you, or to someone, feather twirling in the air like God's dropped baton, car in the canyon just tumbling. The songs we sang for the dead in a Holiday Inn until dawn. We'll come back to it, the absolute wonder of the skin on your arm, the living water and the parking lot. As all joy dooms to eventual misery, a Versaille so little I took it like a pill, I mean I wore it like a locket. I could see you in your window from my place across the street even after you were gone. Will you still love me when this is over? Eves don't get tired from looking, throats don't get sore from talking, don't listen to them. I came back because there was something I forgot to say but needed to. Everything fits in the stutter between beats, the silence when the radiator stops and the afternoon drops open like a trap door and now you're standing at the stairs trying to decide what to do. One talk show bled into the next, in a woman's laugh all I could hear were her little teeth. Why not being a fair enough question if a question must be asked.

That might have been the night we swore to protect each other's souls even if from the grave or the hostage situation of purgatory.

Disco has always been a dream of mine but also a good warning for how all liberation can be transformed into a vehicle for making money on pain. In disco the stakes feel very high, to stay alive in the inferno, but then all the songs are so long, like there's all the time in the world for pleasure because the night will never end, anything could be anything, one bass line indistinguishable from the next, the inferno neverending.

Our mothers were friends too, we all took care of each other, and the light would shake and thunder sound every time we laughed. We made circles around the amphitheater, whooping and stomping like animals.

If I bruised the fruit I do apologize. Hands to the air waiting for you to finish your conversation so we can leave.

When you wield your softness like a weapon it makes me weak and no one even notices. That's how well it works.

At first I rang the outer bell but it wasn't clear enough. I rearranged your lipgloss from cherry to wine, I even disrupted the lawn furniture in my growing despair.

I mean Purgatory is okay I guess but even in the dark it's hard to sleep, so I just chew on my lips and watch the flames.

I'll put my fingers to it and burn your prayer book, Maria, so that you will remember me.

Dirgey and sullen, the intermittent chanting can get redundant, but I join in as I please. Maria

at her mirror, annoyed by her brother thinks up lies for later and other ghost stories. How casual the victorious, how unnerving the children. I was so afraid you wouldn't come back I left, but not for long. Until I call you back from the side like so much perfume or night swimming. I burnt for you this message, I awaited your reply.

From here it's all yesterday's parties and finger food, the golden age of amateurs returned. The only thing I will agree is classic is someone else's cherry chapstick. Did you spend the night in the castle? Are you saving it for later? Please see that my grave has my name on it in bubble letters. You are the mountain on which I take the train with a little present in my lap for everyone I know. Strange the allure of the green water's gesture when you know it would just swallow you up, promise honey you can have it, take a sip from the algae chalice. At the bottom I explain I came here to be part of the panorama and because I thought there would be free drinks. Any side is the other side of something, breath hot on the mirror, and cold in the tunnel, the deluge of tomorrow's mellow chamber pop already humming at the dam.